Townsville Learning and Lifestyle Hub Program Calendar

Program Dates: 01/11/2026 - 30/11/2026

Turtle Team



Operating Hours

Monday – Friday
9:00am – 3:00pm

Contact Us

Client Support
Phone: 1800 122 122
Email: clientsupport@endeavour.com.au

NDVR Endeavour Foundation

Townsville Learning and Lifestyle Hub

Week 1: 02/11/2026 - 06/11/2026

Turtle Team

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9am – 12pm	**Bocce or Games on Balcony** Morning Tea	**MELBOURNE CUP – Craft & Activities**	**Strand Walk OR Craft** Morning Tea	**Pallarenda Walk** Morning Tea	**Grocery Shopping** Coles NW
	Music & Dance / Wiggles Media room	**RSL Morning Melodies** Morning Tea $	**Christmas Craft OR Pen Pal Activity**	**Making Music, Percussion & Instruments**	**Cooking BBQ Lunch** Main Kitchen
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	**Tech-Time OR Remembrance / Poppy Craft** Home Room	**MELBOURNE CUP – Watch the Race!**	**Numeracy & Literacy** Home Room	**Remembrance Poppy Craft OR Ten-pin Bowling** $	**Movie OR Painting & Craft**
	Activity of Choice Home Room	**Tech Time** Home Room	**Craft OR Activity of Choice**	**Menu Planning** for Friday BBQ	**Tech Time** Home Room

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Week 2: 09/11/2026 - 13/11/2026

Turtle Team

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9am – 12pm	**Recycling OR Poppy Craft** Morning Tea	**All Abilities Workout or AUSLAN Key Signs**	**Pen Pal Activity OR Craft** Morning Tea	**Morning Socialise OR Pen Pal Activity** Morning Tea	**Grocery Shopping** Coles NW
	Music & Dance / Wiggles OR Remembrance Craft	**RSL Morning Melodies** $ Morning Tea	**REMEMBRANCE DAY AND Craft**	**Gurpreet's Indian Dancing**	**Cooking BBQ Lunch** $ Main Kitchen
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	**Tech-Time OR Pen Pal Activity** Home Room	**Movie OR Remembrance Painting & Craft**	**Numeracy & Literacy** Home Room	**Bingo Colouring & Numbers OR Ten-pin Bowling** $	**Movie OR Christmas Craft**
	Craft OR Activity of Choice Home Room	**Activity of Choice** Home Room	**Tech -Time OR Bingo Colouring and Numbers**	**Menu Planning** for Friday BBQ	**Tech-Time** Home Room

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Week 3: 16/11/2026 - 20/11/2026

Turtle Team

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9am – 12pm	**Music & Dance / Wiggles** Media room	**Socialise OR Pen Pal Activity**	**Bocce OR Riverway Walk** Morning Tea	**Sherriff Park Walk** Morning Tea	**Grocery Shopping** Coles NW
	Pen Pal Activity OR Christmas Craft	**RSL Morning Melodies** Morning Tea $	**Library OR Activity of Choice**	**Ball Games @ Sherriff Park OR Craft**	**Cooking BBQ Lunch** $ Main Kitchen
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	**Client Service Meeting, Craft OR Tech Time**	**Games OR Painting & Craft**	**GRAMMAR SCHOOL VISIT & ACTIVITY**	**Craft OR Ten-pin Bowling** $	**Bingo Colouring & Numbers OR Craft**
	Activity of Choice Home Room	**Tech Time** Home Room	**Craft OR Activity of Choice**	**Menu Planning** for Friday BBQ	**Movie OR Tech Time** Home Room

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Week 4: 23/11/2026 - 27/11/2026

Turtle Team

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
 **Morning** 9am – 12pm	**Strand Beach Walk** Morning Tea	**Socialise OR Christmas Craft**	**Bocce OR Pen Pal Activity** Morning Tea	**Socialise OR Card Games** Morning Tea	**Colouring OR Bingo** Morning Tea $
	Music & Dance / Wiggles OR Christmas Craft	**RSL** morning tea **or Cinema Experience @** Event Cinemas $	**Painting & Craft OR Activity of Choice**	**Gurpreet's Indian Dancing**	**COWBOY'S LC BIG DAY OUT SOCIAL LUNCH** $
Lunch Break (12pm – 1pm)					
 **Afternoon** 1pm – 3pm	**Tech Time OR Pen Pal Activity**	**Movie OR Activity of Choice**	**Numeracy & Literacy**	**Ten-pin Bowling** $	**Movie OR Painting & Craft**
	Activity of Choice Home Room	**Tech Time** Home Room	**Art & Craft OR Activity of Choice**	**Menu Planning** for Friday BBQ	**Activity of Choice**

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Week 5: 30/11/2026 - 30/11/2026

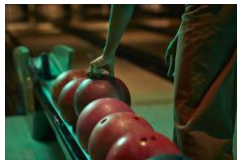
Turtle Team

Endeavour Foundation

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
 **Morning** 9am – 12pm 	**Strand Beach Walk** Morning Tea 				
	Pen Pal Project OR Christmas Craft 				
Lunch Break (12pm – 1pm)					
 **Afternoon** 1pm – 3pm 	**Tech-Time** Home Room 				
	Activity of Choice Home Room 				

Townsville Learning and Lifestyle Hub

Activity Descriptions

Activity	Description	Related Skills	Cost
Ten Pin Bowling 	Whether you are a seasoned pro or a first-timer, this is a fantastic opportunity to socialise, stay active, and enjoy some friendly competition.		$12
Lawn Bowls 	Join us for a fun and engaging lawn bowling session!		$5 per person
Cooking 	Build new cooking skills or maintain existing ones in a supportive environment. Participants work together to choose the menu and prepare meals.		Up to $8 per person
Recycling 	Join your peers on a visit to the recycling centre to collect and return cans. Funds raised are saved and used to support future group activities and events.		Free of Charge

Townsville Learning and Lifestyle Hub

Activity Descriptions

Endeavour Foundation

Activity	Description	Related Skills	Cost
Library 	Participants visit the local library to explore books, build reading skills, and connect with community		Free of Charge.
Baking 	Learn baking skills while building confidence and enjoying time together in the kitchen		Free of Charge
Cowboys Leagues Club COWBOYS	Monthly Social Event Clients can attend Bingo and have morning tea or choose to attend for lunch only. A favourite activity for our clients.		Bingo $1 gold coin + cost of morning tea Lunch from $12 Items priced by venue
Art and Craft 	Allows our clients to be mindful, artistic and to practice fine motor skills while creating works to be proud of		Free of Charge

Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and under-take interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills
Support and development in areas relating to:
- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills
Support for activities relating to:
- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement
Supporting people to attend and interact with:
- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind
Focusing on:
- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology
Learning activities and support relating to:
- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation
Activities that support people to:
- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment
Support to enhance a person's ability to search for and obtain meaningful employment via:
- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies
Projects or activities that are specific to a person or groups of people:
- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events
Activities/Events that bring people together:
- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day